

# Calls & Meetings

Start voice/video calls and share your screen.

- [Start a Call](#)
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# Start a Call

## Start a call

- In any room or DM, click the phone/camera icon in the header.
- Choose voice-only or video; invite others by sharing the call link if needed.

## In?call basics

- Mute/unmute, toggle camera, and share your screen.
- Use chat to drop links or notes while presenting.

## Tips

- Wear headphones to reduce echo; mute when not speaking.
- For large meetings, prefer a dedicated meeting room/channel and post notes afterward.

# Screen Sharing

## Share your screen

- Join or start a call → click Share Screen.
- Select a window or entire screen; on macOS, approve screen-recording permissions if prompted.

## Best practices

- Close sensitive windows before sharing.
- Use Do Not Disturb to prevent pop-ups during demos.